



Dear parents / guardians,

I am pleased to announce that Ysgol Cwm Brombil in conjunction with NPT council will be running the SHEP (School Holiday Enrichment Programme) project for pupils in year 3 / 4 / 5 / 6 / 7 and 8. It will take place at Ysgol Cwm Brombil and run for 3 weeks during the summer holidays 2022. The scheme will take place from Monday 25th July and finishing on Tuesday 9th August, The scheme will start at 9am and finish at 2pm each day (this does not include travel arrangements).

The aim of the scheme is for pupils to be provided with a number of fun activities over the 12 days involving specialist workshops and sporting activities (at least 2 hour per day). Pupils are encouraged to wear appropriate clothing that will enable them to take part in sport and exercise comfortably. Pupils will be provided with a free healthy breakfast and lunch. The scheme is free of charge but pupils who wish to attend need to sign up for a 2 week period as a minimum.

Transport will be provided for those pupils who live more than 3 miles away from the school (more details to follow). Parents / guardians must be aware that the school does not open until 8.45am and the activities will finish at 2pm.

During the scheme there will always be a qualified first aider and safeguarding officer available. The activities have been designed for pupils to integrate with one another and build on their communication and team work skills. Pupils will work in three distinctive groups year 3 & 4, Year 5 & 6 and finally year 7 and 8.

To register for a place on the SHEP project please register on the following link by Sunday 26th June, 2022. You can register for the project on the following link:

<https://forms.office.com/r/bLRimg2WfD>

If you require any further information please do not hesitate us at school.

Yours sincerely,
Mr Luke Cross (SHEP lead)



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SHEP TIMETABLE YCB AUGUST 2022

Week 1 YCB commencing 25 th July 2022					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick Ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Drone workshop	Dodgeball	Nutritional activities	Rounders	Nutritional Activities
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Basketball / netball	Atomic touch rugby	Rounders	Football	Kwik Cricket
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop

Week 2 YCB commencing 1 st August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Nutritional activities	Nutritional activities	Multi sports	Nutritional activities	Multi sports
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Rounders / Drone Activities	Health related fitness	Basketball / netball	Football	Athletics
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop offs

Week 3 YCB 8 ^h & 9 th August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Nutritional activities	Nutritional activities	Multi sports	Nutritional activities	Multi sports
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Rounders	Health related fitness	Basketball / netball	Football	Athletics
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop offs

This timetable is subject to change depending on weather and sporting facilities available

SHEP Menu for Ysgol Cwm

Brombil

SHEP Menu 2021	Menu Days 1-5	Menu Day 6-10	Menu Day 11-12
Week Commencing	25 th July 2022	1 st August	8 th & 9 th August

Monday	Monday	Monday
Cheese & Tomato Pizza McCain Simply Potato Wedges / Jacket Potato / Pasta Baked Beans / Coleslaw / Seasonal Salad Fresh Fruit / Melon Wedges / Assorted Yogurts	Frikadellen McCain Simply Potato Wedges / Jacket Potato / Pasta Baked Beans / Grated Carrot and Beetroot / Salad Fresh Fruit / Melon Wedges / Assorted Yogurts	Cheese & Tomato Pizza Baked Potato Shapes / Pasta / Jacket Potato Baked Beans / Cucumber & Pepper Salad / Seasonal Salad Pear Sponge & Custard / Melon Wedges / Yogurts
Tuesday	Tuesday	Tuesday
Homemade Chicken Curry with Homemade Bread Boiled Rice / Jacket Potato Garden Peas / Sweetcorn / Seasonal Salad Fresh Fruit / Melon Wedges / Assorted Yogurts	Homemade Beef Bolognaise with Garlic Bread Pasta / Potatoes Garden Peas / Sweetcorn / Seasonal Salad Fresh Fruit Selection / Assorted Yogurts	Baked Sausage and Gravy Creamed Potatoes / Jacket Potato Fresh Carrots / Green Beans / Seasonal Salad Fresh Fruit Selection / Assorted Yogurts
Wednesday	Wednesday	Wednesday
Roast Turkey with Homemade Stuffing and Gravy Boiled New Potatoes Fresh Carrots / Broccoli / Seasonal Salad Summer Fruits Pudding & Custard / Yogurts	Roast Chicken Fillet with Homemade Stuffing & Gravy Boiled New Potatoes Cabbage / Fresh Carrots / Seasonal Salad Fruit in Jelly & Topping / Fruit Yogurt	
Thursday	Thursday	Thursday
Homemade Mince Beef Pie and Gravy Creamed Potato or Jacket Potato Green Beans, Peas, Carrots Assorted Fruit Yogurt and Homemade Fruit Sponge	Baked Breaded Fish / Baked Salmon Chipped Potatoes / Jacket Potato Garden Peas / Baked Beans / Seasonal Salad Fresh Fruit Salad wit Assorted Yogurts	
Breaded Fish Finger / Baked Salmon Chipped Potatoes / Jacket Potato Baked Beans / Garden Peas / Seasonal Salad Fresh Fruit Salad with Assorted Yogurts	Breaded Fish Finger / Baked Salmon Chipped Potatoes / Jacket Potato Baked Beans / Garden Peas / Seasonal Salad Baked Beans / Garden Peas / Seasonal Salad	

Available daily:- Selection of Fresh Fruit • Assorted Yogurt, Milk or Water is available.
Occasionally, for reasons beyond our control, the menus may have to be changed at short notice.