

SHEP TIMETABLE YCB AUGUST 2021

Week 1 YCB 2 <sup>nd</sup> August – 6 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick Ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Team building activities	Dodgeball	Nutritional activities	Rounders	Nutritional Activities
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Basketball / netball	Atomic touch rugby	Rounders	Football	Kwik Cricket
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop

Week 2 YCB 9 <sup>th</sup> -13 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Nutritional activities	Nutritional activities	Multi sports	Nutritional activities	Multi sports
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Rounders	Health related fitness	Basketball / netball	Football	Athletics
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop offs

Week 2 YCB 16 <sup>th</sup> -20 <sup>th</sup> August					
	Monday	Tuesday	Weds	Thurs	Fri
8.30-9.00	Pick ups	Pick ups	Pick ups	Pick ups	Pick ups
9.00-9.30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30-10.30 Activity 1	Nutritional activities	Nutritional activities	Multi sports	Nutritional activities	Multi sports
10.30 – 10.45	Break	Break	Break	Break	Break
10.45-12.15 Activity 2	Rounders	Health related fitness	Basketball / netball	Football	Athletics
12.15-1.00	Lunch	Lunch	Lunch	Lunch	Lunch
1.00-2.00	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning	Digital games / learning
2.00	Drop offs	Drop offs	Drop offs	Drop offs	Drop offs

This timetable is subject to change depending on weather and sporting facilities available.



## Week 1

## Week 2

## Week 3

Monday	Monday	Monday
Cheese & Tomato Pizza Potato Smiles or Jacket Potato or Pasta Baked Beans or Seasonal Salad Homemade Chocolate & Mandarin Sponge & Custard	Frikadellen Potato Waffles or Jacket Potato or Pasta Baked Beans or Carrot Sticks and Beetroot Homemade Chocolate Cookie	Cheese & Tomato Pizza Sauté Potatoes or Jacket Potato or Pasta Baked Beans or Seasonal Salad / Coleslaw Homemade Peach Sponge & Custard
Tuesday	Tuesday	Tuesday
Oven Baked Pork Sausage with Gravy Creamed Potatoes or Jacket Potato Broccoli, Carrots or Seasonal Salad Chocolate Rice Krispie Cake	Oven Baked Pork Sausage with Yorkshire Pudding and Gravy Boiled Potatoes or Creamed Potatoes or Jacket Potato Broccoli or Carrots or Seasonal Salad Homemade Fruit Sponge & Custard	Homemade Minced Beef Pie and Gravy Creamed Potatoes or Jacket Potato Green Beans or Garden Peas or Carrots Assorted Fruit Yogurt Pots
Wednesday	Wednesday	Wednesday
Homemade Chicken Curry with Homemade Bread Boiled Rice or Jacket Potato Garden Peas & Sweetcorn or Seasonal Salad Raspberry Ripple Ice Cream Roll	Homemade Beef Bolognese / Garlic Bread Pasta or Jacket Potato Garden Peas or Sweetcorn or Seasonal Salad Mini Donut	Crispy Crumbed Breaded Chicken Breast Fillet Boiled Potatoes or Jacket Potato or Spaghetti Hoops Sweetcorn or Grated Carrot and Beetroot Salad Homemade Biscuit & Fruit Wedges
Thursday	Thursday	Thursday
Roast Beef & Yorkshire Pudding with Gravy Boiled or Creamed Potatoes or Jacket Potato Peas or Carrots or Seasonal Salad Homemade Biscuit & Fruit Wedge	Roast Chicken with Homemade Stuffing & Gravy Boiled or Creamed Potatoes or Jacket Potato Garden Peas or Cabbage or Seasonal Salad Fresh Fruit Salad & Ice Cream	Roast Turkey with Homemade Stuffing and Gravy Boiled Potatoes or Jacket Potato Carrots or Broccoli or Seasonal Salad Mandarin Orange Jelly & Ice Cream
Friday	Friday	Friday
Breaded Birds Eye Fish Fingers Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Seasonal Salad Homemade Marble Sponge & Custard	Baked Breaded Fish Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Cucumber Sticks / Seasonal Salad Homemade Sponge & Custard	Breaded Birds Eye Fish Fingers Chipped Potatoes or Jacket Potato or Pasta Baked Beans or Garden Peas Eves Sponge Pudding & Custard

Available daily:- ● Fresh Fruit Bowl Choice ● Pasta ● Seasonal Salads ● Wholemeal Bread ● Jacket Potatoes  
A daily choice of Chilled Fruit Juice, Milk or Water is available.

For reasons beyond our control, the menus may have to be changed at short notice, please check your individual schools for menu updates.